



## **Symposium on Natural and Applied Sciences**

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### **THE CULTURE OF MARRIAGE IN FAMILY RELATIONS**

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#### **Abstract**

This article examines the culture of marriage within the framework of family relations, highlighting its significance as a matter of state importance for nurturing future generations. Drawing on the etymological roots of 'nikah' as a sacred union, the author explores the foundational role of the family as the primary nucleus of society. The study defines marital culture through its physiological, ethical, and legal dimensions, emphasizing that a successful marriage requires both physical health and spiritual maturity.

The source identifies several contemporary challenges, including the negative influence of "popular culture" on youth, the risks associated with virtual courtship, and the critical issue of consanguineous marriages, which significantly increase the risk of genetic disorders. Furthermore, the article underscores the importance of legal literacy and mutual respect between spouses to prevent domestic abuse. Ultimately, the author concludes that stable family relations, anchored in discipline and respect for rights, are essential for the prosperity of the nation and the state.

**Keywords:** Marriage culture, family relations, nikah, matchmaking, consanguineous marriage, genetic disorders, ethical education, youth, legal protection, Uzbekistan.



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Today, fostering a high marital culture among the youth has transformed into a critical issue of state significance, more vital than ever before. For it is within the secure fortress of a stable family that the future generation – the rightful heirs to a great and sacred homeland – is nurtured.

Delving into the essence of the term 'nikah' (marriage), its Arabic etymology denotes 'union' and 'bond.' In accordance with our national traditions, marriage is revered as a sacred bond between a husband and a wife. Consequently, our ancestors approached every factor and custom associated with this union with utmost gravity to preserve its integrity. They prioritized the preservation of marriage over the 'airing of grievances' or interpersonal conflicts within the family.

A union established through marriage forms the family, which serves as the primary nucleus of society. Consequently, the marital bond constitutes one of the foundational mechanisms that sustain societal cohesion. Furthermore, marriage functions as the essential source for procreation, ensuring the continuation of the nation through a well-rounded and prosperous future generation.

The comprehensive set of general rules that spouses must comprehend and adhere to for a resilient and enduring marriage constitutes the concept of 'marital culture.' This 'marital culture' directly embodies physiological, ethical, and legal dimensions.

Entering a marriage covenant imposes a profound responsibility on both the bride and the groom. Navigating this transition successfully demands that both individuals possess physical well-being and spiritual maturity. Consequently, it is imperative for adolescents to institutionalize a healthy lifestyle from an early age, wherein regular physical exercise yields highly effective outcomes. Any vice acquired during youth – such as criminality, substance abuse, moral delinquency,



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or a reluctance to engage in honest labor and professional pursuits – invariably leads to unforeseen adversities in post-marital life.

Young men and women who have not internalized the ethical dimensions of marital culture face considerable difficulties in navigating the complex challenges of a newly established life. An adolescent who has been coddled within the immediate family structure – accustomed to self-centeredness, prioritizing personal interests, and inflating their own self-worth – will find it exceptionally challenging to achieve mutual understanding with a lifetime partner or to prioritize their partner's interests above their own.

Regrettably, there are instances of young individuals falling under the influence of certain groups, frequently propagated through Western mass media, who advocate for moral corruption under the guise of 'popular culture,' mislabeling it as 'democracy' and 'freedom.' Consequently, this leads to a departure from the established framework of marital culture, resulting in the destabilization of intimate life or the dissolution of young families. As with any social institution, marriage possesses its own distinct culture and ethical norms; adherence to these principles serves as the ultimate guarantee for preserving the integrity and resilience of this sacred bond between two individuals.

As is widely acknowledged, a nation begins at its threshold, a household at its doorstep, and a family with matchmaking. Every culture possesses its own distinct paradigm of negotiation, and matchmaking represents a prominent form of such mediation-based negotiation. In accordance with our national traditions, matchmaking plays a pivotal role in uniting two young individuals in matrimony. Admittedly, while young individuals may initiate relationships independently, utilizing matchmaking services before formalizing these commitments remains highly advisable, as matchmaking plays a decisive role in securing favorable matrimonial outcomes. Rather than regretting hasty choices later—reminiscent of



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the folk proverb, 'He who steps on a thorn blindly bears its pain' – it is far more rational to make life-altering decisions guided by the counsel of experienced elders. Regrettably, contemporary youth increasingly resort to 'modern' or virtual courtship methods. Consequently, instances are emerging where individuals fall prey to online dating scams or deceptive foreign visa schemes, ultimately becoming victims of human trafficking, syndicate manipulations, or sophisticated fraudsters. To mitigate these adverse phenomena, young people must maintain extreme vigilance, while older generations are required to remain alert and serve as dependable mentors.

Another prevalent challenge within matrimonial relations is consanguineous marriage. Such real-life occurrences at the crossroads of family life prompt deep reflection. According to medical experts, children born from consanguineous unions frequently manifest distinct hereditary diseases. Notably, in contemporary times, consanguineous marriages coupled with environmental degradation account for 80% of genetic disorders. When two individual 'gene carriers' intermarry, the risk of transmitting a hereditary disease to their offspring is significantly lower if they are unrelated; however, if they share a biological consanguinity, this risk increases three- to fourfold.

Recent findings in medical research underscore the wisdom behind the discouragement of consanguineous marriages within Islamic tradition. Some individuals do not oppose close-kin marriages, reasoning that 'certain relatives married, yet their children were born healthy.' However, the underlying issue is that hereditary diseases do not always manifest at birth. They can become apparent at various stages of life, even emerging at the age of 35 or later. Furthermore, if such genetic disorders bypass one generation, they are highly likely to manifest in subsequent ones. Consequently, modern medicine strongly discourages consanguineous unions.



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In conclusion, it can be asserted that recognizing our lifelong partner as possessing the exact same rights as ourselves constitutes the foundational legal basis of marital culture. Regrettably, an ownership-based mindset wrapped in the notion that 'my spouse belongs to me, and thus I can treat them as I please' sometimes leads to instances of domestic abuse or the infliction of physical harm. It is imperative to remember that such actions entail criminal liability, and the law strictly safeguards the rights of all members of society equally.

As Abdurauf Fitrat elucidated in his treatise 'The Family' (Oila), in order to nurture children into self-reliant, resourceful, agile, and intelligent individuals, it is essential to cultivate within them a profound sense of self-worth and honor, while simultaneously teaching them to respect the rights and perspectives of those around them. Where family relations are anchored in rigorous discipline, the nation and the state become correspondingly powerful and magnificent.

Indeed, since the inception of our independence, the socio-political reforms spearheaded by our government have been inherently grounded in such noble objectives as public welfare, national peace, family stability, and the upbringing of a well-rounded future generation.

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